



# NEWSLETTER - JULY 2024



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## **SANRAKSHAN RAINBOW HOME**

Higher Primary & High School Jooganahalli 34th Cross 2nd Block  
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## >>> Visit from Mr. Aroon Raman Sir:

We had a visit from Mr. Aroon Raman, an individual donor of the Sanrakshan Organization for the past 1 Year. During the visit, he engaged with the staff and children, gaining firsthand insight into the challenges faced by the home and the positive impact of its programs. He promised to provide financial assistance aimed at enhancing the Child Care Institution for vulnerable Boy Children, The support includes the living conditions, and educational opportunities and covers essential needs such as educational materials, recreational activities, and infrastructural improvements, thereby fostering a nurturing environment for the children.



## >>> Exposure Visit to Adobe Corporate Company

We had taken children of Sanrakshan Rainbow Home to Adobe Corporate company as an exposure visit with the support of Smile Foundation. Children engaged in a creative session focused on Mandala art where they learned that creating Mandalas can enhance concentration, promote relaxation, and foster mindfulness. The session highlighted how art can be a therapeutic tool, helping children manage stress and develop their creativity while providing a fun and engaging way to explore their artistic skills.



## >>> Visit from Yamaha Motor Bikes

Yamaha motorbike riders visited the Sanrakshan Rainbow Home, on 7th July 2024, an initiative focused on supporting underprivileged children. During the visit, the riders engaged with the children, sharing stories and experiences that highlighted the joy of riding and the importance of community. The interaction aimed to inspire the children and foster a sense of belonging, showcasing how passion for biking can create positive connections.



## >>> Dental Health Camp at Rainbow Community Care Learning Centre:

The Dental Health Camp at Rainbow Community Learning Centre, Rayasandra aimed to improve oral health awareness and provide essential dental services to the local community. The initiative was organized with the help of Doctors for Seva and The Oxford Dental College, the camp offered free dental screenings, extractions, and education on oral hygiene practices. Children received guidance on proper brushing techniques, dietary advice to prevent cavities, and information on the importance of regular dental check-ups.



## >>> Health Camp at Sanrakshan Rainbow Home

The overall health camp at Sanrakshan Rainbow Home was organized to provide essential medical services and promote health awareness among the children residing there with the Support of Doctors for Seva organization, the camp offered free health check-ups, and consultations with healthcare professionals.

In addition to medical services, the camp included educational sessions on menstrual hygiene, nutrition, and the importance of regular health screenings. This initiative aimed to ensure the well-being of the children and empower them with knowledge about maintaining a healthy lifestyle.



28 July 2024 12:08 pm

## >>> Life Skill Session on Goal Setting:

Student volunteers from Christ University conducted a life skills session focused on goal setting for the Children of Sanrakshan Rainbow Home. The volunteers emphasized the importance of setting SMART goals through engaging activities, discussions, and practical exercises. The session encouraged students to reflect on their aspirations and develop actionable plans to pursue them, fostering a proactive mindset.



## >>> Exposure Visit to Post Office:

We organized an exposure visit to the Post Office for Young Adults of Sanrakshan Rainbow Home with the support of We live foundation. This initiative aimed to enhance their understanding of essential public services and the role they play in daily life. Participants engaged with post office staff, learning about various functions such as mail handling, customer service, and community outreach.

## >>> Career Pathway and Sports session to young Adults:

A Career Pathway and Sports session was recently organized for young adults, aiming to provide them with guidance and opportunities for personal and professional development. The session focused on helping participants understand various career options, the skills required for different professions, and strategies for achieving their goals. Additionally, the inclusion of sports activities emphasized the importance of physical fitness, teamwork, and discipline. The event successfully combined to foster a holistic approach to growth of young adults to pursue their ambitions while maintaining a healthy lifestyle.





## >>> Awareness session on Child helpline and Child Labor:

An awareness session on child help lines, and child labor was conducted by District Child Protection Unit to educate Children about child help lines, which serve as vital resources for children in distress, offering them a safe space to seek assistance. Participants learned about the signs of child labor and the legal frameworks in place to combat it, stressing the need for community vigilance and intervention. Overall, the session aimed to foster a deeper understanding of these issues and encourage proactive measures to support affected individuals and families.



## >>> Facilitated Five Young Adults to Govt Hostel:

In order to ensure proper care, education, and the necessary support for the growing young Adults we facilitated Five Young Adults to the government hostel with the support of the Social Welfare Department. The collaboration with the Social Welfare Department underscores the commitment to providing a safe and nurturing environment for these young individuals.



## >>> Old Age Home Visit:

We took Smaller Children of Sanrakshan to an old age home for creating an meaningful intergenerational connections and provide emotional support for both the children and the elderly residents. The visit allow the children to engage with older individuals, fostering empathy and understanding as they learn from their life experiences. By participating in activities together, such as storytelling or arts and crafts, the children gain valuable insights into the importance of caring for others, while the elderly benefit from the joy and energy that the children bring, creating a mutually beneficial environment.

## >>> CCI Staff Training program from DCPU, Yalahanka:



All the team members of Sanrakshan Rainbow Home attended 2 days workshop, organized by the District Child Protection Unit (DCPU), aimed to enhance the skills and knowledge of CCI staff in effectively supporting children in their care.

Participants learned about the principles of case management, emphasizing the importance of individualized care plans and coordinated services to meet the unique needs of each child. The quality assurance segment highlighted standards and best practices necessary for maintaining a safe and nurturing environment within CCIs. Additionally, fostering training provided insights into the foster care process, ensuring that staff are well-equipped to facilitate placements and support children transitioning to foster families.



## »»» Gurupoornima Celebration:

Sanrakshan Rainbow Home celebrated Guru Purnima, a festival honoring teachers and mentors, with the support of the Prakruthi Foundation. The celebration aimed to recognize the importance of education and the pivotal role of teachers in shaping the lives of children. During the event, the children expressed their gratitude through various performances, including songs, dances, and speeches. They paid homage to their teachers and caregivers, acknowledging their wisdom, guidance, and contributions to their personal growth.



## »»» Training for Home Mothers:

Home Mother of Sanrakshan Rainbow Home attended a comprehensive training session on hygiene practices, conducted by Rainbow Foundation India. Key areas covered included personal hygiene, child hygiene, kitchen hygiene, and environmental sanitation. Practical demonstrations and interactive sessions were incorporated to enhance knowledge and skill development.

BOSCO conducted an awareness program in Sanrakshan Rainbow Home on various child rights issues such as child labour, child trafficking, child marriage, and child abuse. These sessions aim to empower children to become advocates for their own rights and contact CHILDLINE, or other services when they witness or experience child rights violations. The awareness programs cover child rights, relevant laws and acts, and child-related problems.

## »»» Awareness session on Child Rights:



## »»» Kantara Company Visit

Young adults of Sanrakshan Rainbow Home got an opportunity to Visit Kanatara Corporate Company as an exposure visit with the Support of We Live Foundation where the participants learned about the corporate world, particularly in the areas of innovation and entrepreneurship.

## »»» Workshop on Job Readiness:

Rainbow Foundation India Organized a Workshop on Job readiness for Young Adults with the Collaborative support of Bajaj. This workshop aimed to introduce young people to the world of work through engaging, interactive activities that provide practical tips to help prepare them for their first jobs. Delivered on-site at schools, the workshops cover essential skills like communication, employability, leadership, and relationship building. The goal is to build confidence in young adults' professional presentation, both on paper and in person, to help them explore rewarding career paths and successfully transition into the workforce.





## >>> Parents and Children Engagement Program:

We organized an Parents and Children Engagement Program which is designed to strengthen the bond between parents and their children through interactive and meaningful activities. By engaging in various activities such as workshops, games, and joint projects, parents and children can build trust and create lasting memories. Additionally, Ms. Anjali Raman, Founder of Astithva Legal Trust spoke about the roles and responsibilities of parents with tools and strategies to better support their children's emotional and developmental needs. Ultimately, this initiative aims to enhance family dynamics, ensuring a supportive and nurturing environment for children to thrive.



## GLIMPSE OF JULY MONTH



Welcoming Yamaha Motors



Parents & Children Engagement



Dance Activity for the Children



Education on Menstrual Hygiene



Team Training on CCI Management



Dental Camp at Rayasandra



## Our Partners



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Mr. Aroon Raman



Mr. & Ms. Ajinkya